


1ST MATERNITY HOSPITAL IN SINDH

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Lady Dufferin
Hospital



4TH LDH GOLF TOURNAMENT 2024:

The 4th Golf Tournament, held on Sunday, February 18th, 2024, at the prestigious Karachi Golf Club, was a remarkable event that brought together golf enthusiasts, philanthropists, and healthcare advocates for a noble cause. Themed "Save Lives - Say No to Maternal Mortality," this tournament aimed to raise awareness about the critical issue of maternal mortality and secure financial support to safeguard the lives of mothers.

The event saw an impressive turnout, with thirty teams participating in the tournament. The enthusiasm and dedication of the participants were palpable, and the spirit of camaraderie and friendly competition added to the excitement of the day. Our hospital's mission to provide quality healthcare to mothers and their families resonated deeply with the participants, and we are grateful for their support.

We are deeply grateful to our event sponsors, whose generosity and dedication to our cause have made a significant impact. We also extend our sincere appreciation to our Board members, particularly Ms. Fawzia Naqvi, whose support has been instrumental in the success of this event. Additionally, we thank the LDH staff and the Karachi Golf Club for their tireless efforts in making this fundraiser a success. The collective commitment to our shared vision is a shining example of the strength of collaboration and community involvement.

The funds raised through this tournament will go a long way in supporting our hospital's initiatives to reduce maternal mortality and improve healthcare outcomes for mothers and their families. We are proud to be part of this journey and look forward to continuing our efforts to make a positive impact on the lives of those we serve. Thank you again to everyone involved in making this event a resounding success!



HISTORY OF COWASJEE SCHOOL OF MIDWIFERY:

The school is a continuation of the Phyllis Louise Lawrence Institute, which was established in 1912 with the generous donation of Nadirshaw Eduljee Dinshaw, the son of Eduljee Dinshaw, the original benefactor of Lady Dufferin. It was among the first institutions in the country to be accorded formal recognition by the Central Board of Midwives, UK. The excellence of the training program allowed trainees qualifying at the school to sit for the Central Midwives Board (CMB) examination in London without any further training in the UK. In February 2012 the school relocated to a newly built building in the hospital grounds thanks to the generosity and support of the Cowasjee Foundation. Today an average of 50 students graduates every year, and the majority find employment at the Lady Dufferin Hospital.



Our institution is dedicated to improving healthcare outcomes in underserved and rural regions of Pakistan by providing a comprehensive 2-year diploma program in Community Midwifery. Our academic program is designed to empower women between the ages of 15 and 30, who have completed their matriculation or equivalent with at least 45% passing marks, to become skilled midwives and leaders in their communities.

Through our holistic approach, we not only provide academic education but also skill development, confidence-building activities, and student support services, including scholarships, hostel facilities, and medical care. Our program plays a vital role in empowering women and fostering community development in rural Pakistan.

IN MEMORIAM: MR. FAYYAZ UDDIN

With profound sorrow and a heavy heart, we bid farewell to a pillar of our Lady Dufferin Hospital Karachi family, Mr. Fayyaz Uddin. For 45 incredible years, he served as our oldest and most dedicated peon, leaving an indelible mark on every life he touched.

Tragedy struck when a road accident took him from us, leaving him in a coma for five agonizing days. Despite our fervent prayers and hopes, he succumbed to his injuries on June 8th, 2024, as fate willed it so.



Mr. Fayyaz Uddin's passing leaves an unfillable void in our lives. His unwavering dedication, kindness, and compassion inspired generations of staff and patients alike. His selfless service, warm smile, and gentle nature made him a beloved fixture in our hospital corridors.

Our deepest condolences go out to his family, friends, and loved ones. May they find strength in the days ahead and may his soul rest in eternal peace. *"May Allah rest his soul in Jannat-ul-Firdaus."*

DONORS' VISIT:

We are grateful to acknowledge the generosity of Mr. Abbas Akbar Ali, Chairman of Amreli Steels (Pvt.) Limited, and his family, inaugurated the newly equipped Labour Room at Lady Dufferin Hospital on April 27, 2024. This vital upgrade was made possible through their kind support, and we are thrilled to have partnered with them to enhance the quality of care for mothers and newborns in our community. The state-of-the-art equipment in the Labour Room will significantly improve healthcare outcomes, and we extend our heartfelt appreciation to the Akbar Ali family for their commitment to improving the lives of others.



PATIENT STORY:

Mehwish's journey to motherhood has been marked by both heartbreak and joy. In 2019, she experienced the devastating loss of her newborn shortly after birth. The grief of losing a child is unimaginable, and it took immense strength for Mehwish to navigate through that difficult period. However, her spirit remained unbroken. She was blessed with a healthy baby later, bringing hope and happiness back into her life.

Now, as Mehwish prepared for her third delivery, she found herself in a critical condition. Upon her arrival at Lady Dufferin Hospital, our dedicated team of gynecologists and medical staff quickly assessed her situation. It became evident that her health was severely compromised, and her platelet count had dangerously dropped. Recognizing the urgency, our doctors immediately administered six units of platelets to stabilize her condition.

Given her critical state, the medical team decided that a C-section was necessary for the safety of both Mehwish and her baby. With expert precision and utmost care, the surgery was performed successfully. Both Mehwish and her newborn emerged from the operation healthy and safe, a testament to the relentless efforts and expertise of our medical staff.

Mehwish's story is one of resilience and hope. Her journey, supported by the unwavering dedication of the Lady Dufferin Hospital team, exemplifies our mission: to provide compassionate, life-saving care to mothers and their children, ensuring that every patient receives the best possible treatment regardless of their financial circumstances.



TRAINING & DEVELOPMENT:

On May 4, 2024, Dr. Saman Nadeem, Infection Control Officer, led a session on safe injection practices for 60 healthcare workers at Lady Dufferin Hospital. The session covered proper needle and syringe handling, sterile techniques, safe equipment disposal, and strategies to prevent needlestick injuries, highlighting the importance of injection safety to protect both patients and healthcare workers.

On June 26, 2024, a training session on waste management conducted for nursing, administrative, housekeeping staff, and doctors. The session focused on the importance of proper waste disposal and best practices to ensure a safe and hygienic healthcare environment.



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